

Resource Directory

Mental Health Support

Updated 5/28/2026

A Seed of Hope Counseling Center	https://www.aseedofhopecounselingcenter.com
A Restored You Counseling & Coaching Services	https://arestoredyou.net
Amanecer	https://amanecerde.org
Bowling Green Brandywine Treatment	https://bowlinggreenbrandywine.com
Brandywine Counseling	https://brandywinecounseling.com
Catholic Charities	https://www.ccwilm.org
Center for Grief & Trauma Therapy	https://www.centerforgrieftherapy.com
Children & Families First	https://cffde.org/accesscare
Coffield Therapy	https://www.psychologytoday.com/us/psychiatrists/henry-n-coffield-dba-coffield-therapy-wilmington-de/842535
Courageous Hearts LLC	http://www.courageoushearts.us
Creative Change Counseling, Inc.	https://www.creativechangeinc.org

Delaware Guidance Services	https://www.delawareguidance.org
Dover Behavioral Health	https://doverbehavioral.com
Essentials Recovery Delaware	https://essentialsrecovery.com
Healing Pathways Counseling & Consulting Services LLC	https://www.healingpathwaysde.com/
Holistic Elevation, LLC	https://holisticelevation.org
Jewish Family Services	https://www.jfsdelaware.org
Journey Wellness & Consulting Group, LLC.	https://journeywellnessdelaware.com
Journeys	https://www.journeys-counseling.com
Latin Community Center	https://www.thelatincenter.org
LaVante' N. Dorsey & Associates LLC.	https://www.lavantedorsey.com
Limen Recovery and Wellness	https://www.limende.org/index.shtml
Lotus Recovery Centers	https://lotusrecoverycenters.com
Meadowwood Behavioral Health	https://meadowwoodhospital.com
Mental Health Association in Delaware	https://www.mhainde.org/

Nemours Children's Health, Delaware	https://www.nemours.org
NET Centers, Kirkwood Recovery Center	https://recovery.org/providers/northeast-treatment-centers-net-kirkwood-recovery-center-2302086051/
Open Door, Inc	https://yourfirststep.org/treatment-center/open-door-inc-newark-de/
Pace, Inc.	https://www.drug-rehabs.org/rehab-center/Pace-Inc_Wilmington_DE.htm
Patchwork Human Services LLC	https://patchworkhumanservices.com
Recovery Innovations	https://riinternational.com
Resilient Kids Child & family	https://www.resilientkidstherapy.com
Shaping Minds Therapeutic Services LLC	https://www.shapingmindstherapy.com
Synergy Consultants & Psychotherapy Practice, PC	https://drmargolewisjah.com
Tara Ferriola, LLC	https://tarafferriola.wixsite.com/website
Tomaro's CHANGE	https://www.tomaros-change.org
Tranquility Counseling, Inc	https://www.tranquilitycounselinginc.com
Your Center, LLC	https://thisisyourcenter.com